

snowbird sports education foundation



Physical Fitness Team Record Board

U19	WOMEN	MEN
20m Shuttle-Run (V02 MAX)	SJ Mikell - 51.9 (2022)	Townsend Mikell 60.3 (2022)
LONG JUMP (CM)	Bella Wright - 253 (2019)	Max Holdaway - 305 (2022)
TRIPLE JUMP (CM)	Bella Wright - 738 (2019)	Max Holdaway - 859 (2022)
20 MINUTE SPRINT	Sophie Haggard - 3.184 (2024)	Caden Proulx / AJ McCleary - 2.85 (2024)
STRICT PULL UP	SJ Mikell - 10 (2024)	Gus Dain - 15 (2022)
PUSH UPS	Whitney Diamond - 30 (2022)	Gus Dain - 44 (2023)
60 SECOND BOX JUMPS	Sophie Haggard - 58 (2024)	Jeremy Mathers - 77 (2018)

U16	WOMEN	MEN
20m Shuttle-Run (V02 MAX)	Sam Eden 47.4 (2024)	Hendrick Wussow 58.2 (2025)
LONG JUMP (CM)	Avery Costello - 230 CM (2022)	Alex Steward - 256 CM (2022)
TRIPLE JUMP (CM)	Sam Eden 669.5 (2024)	Alex Steward - 773 CM (2022)
20 MINUTE SPRINT	Molly Jarvie - 3.33 Seconds (2023)	Wesley Mahan- 2.995 (2025)
STRICT PULL UP	Beatrice Martin - 15 reps (2022)	Axl Dain (2024), Wesley Mahan (2025) - 12 reps
PUSH UPS	Beatrice Martin - 41 (2022)	Fletcher Paulman - 31
60 SECOND BOX JUMPS	Sam Eden - 65 (2024)	Hendrick Wussow 65 (2025)

U14	WOMEN	MEN
20m Shuttle-Run (V02 MAX)	Liz Eden - 48.8 (2024)	Jack Looney - 52.5 (2024)
LONG JUMP (CM)	Liz Eden - 231 cm (2024)	Alex Butrum - 255 CM (2022)
TRIPLE JUMP (CM)	Liz Eden - 674 cm (2024)	Canyon Whiteside - 743 CM (2023)
20 MINUTE SPRINT	Samantha Lyons - 3.245 cm (2025)	Trey Sweeney - 3.16 (2024)
STRICT PULL UP	Liz Eden - 11 (2024)	Trey Sweeney - 13 (2023)
PUSH UPS	Liz Eden - 37 (2024)	Axl Dain - 43 (2023)
60 SECOND BOX JUMPS	Liz Eden - 64 (2024)	Trey Sweeney - 70 (2023)

U12	WOMEN	MEN
20m Shuttle-Run (V02 MAX)	Liz Eden- 44.29 (2022)	Cro Call- 44.2 (2025)
LONG JUMP (CM)	Liz Eden- 231 CM (2022)	Quinn Webster - 206 CM (2022)
TRIPLE JUMP (CM)	Liz Eden- 653 CM (2022)	Boedi Allan - 616 CM (2022)
20 MINUTE SPRINT	Violet Loeffler - 3.37 Seconds (2025)	Banks Antablin 3.425 seconds (2024)
STRICT PULL UP	Liz Eden - 15 reps (2022)	Cro Call (2025) - 8 reps
PUSH UPS	Liz Eden - 42 reps (2022)	Quinn Webster - 35 reps (2022)
60 SECOND BOX JUMPS	Liz Eden - 61 reps (2022)	Will Fallis - 62 (2023)

U10	WOMEN	MEN
20m Shuttle-Run (V02 MAX)	Emery Capstick- 32.9 (2024)	Cro Call 43.3 (2023)
LONG JUMP (CM)	Emery Capstick- 135 (2024)	Wyatt Fallis - 171 cm (2024)
TRIPLE JUMP (CM)	Emery Capstick- 444 (2024)	Cro Call 540 cm (2023)
20 MINUTE SPRINT	Mara Capstick- 3.825 (2025)	Wyatt Fallis - 3.51 cm (2024)
STRICT PULL UP	Elysia Moreno(2023), Pfeiffer Putnam (2025) - 1	River Bollow - 8 (2025)
PUSH UPS	Emery Capstick- 17 (2024)	Crew Whiteside - 19 (2023)
60 SECOND BOX JUMPS	Elysia Moreno - 28 (2023)	Jett Foster - 35 (2024)